



Preconception

External Links and Resources

Improving Health and Fertility

- <http://www.marchofdimes.com/pnhec/173.asp>
- <http://www.marilynglenville.com/infertility.htm>
- American Society for Reproductive Medicine, “Optimizing Natural Fertility” (2008):
[http://asrm.org/uploadedFiles/ASRM_Content/News_and_Publications/Practice_Guidelines/Committee_Opinions/optimizing_natural_fertility\(2\).pdf](http://asrm.org/uploadedFiles/ASRM_Content/News_and_Publications/Practice_Guidelines/Committee_Opinions/optimizing_natural_fertility(2).pdf)

Preconception Checkup

- <http://www.aafp.org/afp/2002/0615/p2507.html>
- <http://www.cdc.gov/ncbddd/preconception>

Monitoring Fertility to Increase Conception Chances

- <http://www.fertilityfriend.com>
- *Taking Charge of Your Fertility: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health, 10th Anniversary Edition* by Toni Weschler (2006)

Reproductive Technology

- <http://www.cdc.gov/ART>
- http://www.marchofdimes.com/pnhec/173_14308.asp

