
Client Confidentiality Release Form

Due to the HIPAA regulations all doulas should have a signed release form from their client *before* taking any notes about them or their labor. The best way to be fully compliant would be to get this release signature at the first prenatal visit, or upon first meeting and joining the client for her labor and delivery. Certification candidates should have this form signed before taking any notes. Clients should receive a copy of the form they signed, and the doula should have her copy with her at the labor and birth to be able to show that she is indeed complying with the HIPAA regulations if questioned. **Confidentiality of medical and personal information obtained during the course of the doula's work is of the utmost importance.** Failure to comply with these confidentiality regulations could result in penalties.

I, _____, at _____ (address),
_____ (phone#), give my permission, for my doula, _____,
to take notes about me, including personal information I choose to disclose to her, and
information regarding the labor and birth of my child. I understand that this information may be
used for the purpose of doula certification or recertification and will be shared with the
Certification Committee of Doulas of North America (DONA). I also understand that this
information will anonymously be used for the DONA Data Collection for statistical purposes,
and that my doula may use this information to provide me with a summary for my own personal
use.

Signature: _____ Date: _____